

Notice of Event

“Make Your Scot Fly” Performance Clinic

April 28th, 29th, 2018
Lake Murray Sailing Club
Chapin, SC 29036



Scheduled just in time for a "Great 48" tune up, Flying Scot Fleet 158 and Lake Murray Sailing Club invite you to participate in our annual performance clinic, ***Make Your Scot Fly***.

Facilitated by regatta winning veteran, **John Kriedler**, this event targets the novice or intermediate Flying Scot sailor while offering an opportunity for the regatta experienced to advance to the next level.

***Make Your Scot Fly* is a great opportunity to improve your total performance curve. Don't Miss it! Register now!**

***Limit 15 entries. One boat with crew equals one entry.**

A unique blend of coaching and on-board mentoring, *Make Your Scot Fly* employs an enhanced instructional approach.

- "Head Coach" John Kriedler, using a very familiar format, will facilitate land side briefings and demos, then offer on-the-water coaching from a support boat.
- Regatta experienced Flying Scot sailors will be on hand to provide on board coaching for specific skill sets as needed or as suggested by our "Head Coach".

- A third component will be emphasis on crew work. On board coaches are prepared to help skipper and crews enhance boat handling and communication efficiencies.

We encourage you to bring your own boat for this event. Boat prep and familiarity with the setup are important to performance. For any who may be unable to transport boats to our venue, please call or email Fleet Captain Ryan Gaskin using the contact information below. We do have some competitive boats available and will make every effort to accommodate your request.

You should bring your regular crew if at all possible. Crew training is an important component of this clinic. If you can't bring crew, consider attending anyway. Contact Fleet 158 Captain Ryan Gaskin if you find yourself in need of crew arrangements.

The event will involve a full day of on the water instruction, with some "dry land" demos, on Saturday. Every effort will be made to provide you with useful "on board" coaching time as needed. Sunday, we will set up a series of short races where you can try on your newfound competitive skills. During the competition, you will continue to receive on-the-water coaching, but the competition will be real.

We offer free on-site camping, proximity to hotels, excellent clubhouse facilities and wonderful down home" hospitality. Please refer to our website, <http://www.lmsc.org/make-your-scot-fly>, for on line registration , directions to LMSC, and local hotel information.

The club will be open at 2:00 pm Friday April 28th for guests who wish to set up camp or park boats before retiring to the hotel.

A catered BBQ Dinner will be available Saturday evening. Complimentary continental breakfasts will be available Saturday and Sunday.

Advance registration by as many participants as possible will be helpful. The fee for registration after April 23rd, 2018 increases from \$40 to \$50. For on line registration, please mail checks, payable to ***Flying Scot Fleet 158***, under separate cover to:

Ryan Gaskin
200 Peninsula Way
Columbia, SC 29229

Phone: 803-609-6771
E-mail: r98gaskin@gmail.com

See schedule of events on page 3.

***April 2018 “Make Your Scot Fly” Schedule:**

| | | |
|------|-------------------|---|
| 4/27 | 2:00 pm | Club opens for guests. |
| | 5:30 pm. | Snacks & Beverages |
| 4/28 | 8:00 am | Complimentary continental breakfast |
| | 9:00 - 10:00 a.m. | Registration, rig, launch |
| | 10:00 am | Land side demos or tips on rigging, boat handling, trim |
| | 11:00 am | Coaches briefing/Team assignments |
| | 11:30 am | Break for lunch (Bring your own) |
| | 5:30 pm | Cocktails. De-brief & Briefing for Sunday |
| | 6:30 pm | Dinner |
| 4/29 | 8:00 am | Complimentary continental breakfast |
| | 9:30 am | First warning - Instructional races |
| | 12:30 p.m. | Lunch followed by Make Your Scot Fly Diploma and Trophy Presentations |

*Our schedule may be adjusted as necessary to fit your needs or any contingencies. We want the instructional "supply" to fit the learning "demand".

Make Your Scot Fly
2017 Registration Form

Name: _____

Sail Number: _____ Club: _____

Address: _____

Phone: _____ Email: _____

Registration fee: \$40 (Registration after April 23rd \$50)

Dinner: # Adult meals @ \$15 _____ Total _____

 # Child (*Under 12*) meals @ \$7 _____ Total _____

 Registration Total \$ _____

Limit 15 entries. One boat with crew equals one entry.

Make checks payable to “**Flying Scot Fleet 158**”

Mail to: Ryan Gaskin
 200 Peninsula Way
 Columbia, SC 29229

E-mail: r98gaskin@gmail.com

THIS AGREEMENT CONTAINS A RELEASE AND WAIVER. Please Read Before Signing.

Participants enter and participate in this instructional event entirely at their own risk. The Organizing Authority will not accept any liability for material damage, personal injury or death sustained in connection with, prior to, during or after this event. I have read the above and agree to abide by the Racing Rules of Sailing and all other rules that apply.

I have read the above and agree to abide by the Racing Rules of Sailing and all other rules that apply.

SIGNED: _____ DATE: _____